



REGION THREE

SPRING 1992

Hats off to all Region 3 workers

1991 points tallied

Once again, Region 3 would like to thank all of its dedicated volunteer workers. Without this hard-working bunch, the rides would never even exist.

The following people have accumulated the points listed in 1991:

6,500, 7,000 and 7,500 points: Bill Cumberworth

6,000 points: Tom Butterfield and Bill Cumberworth

5,500 points: Ike Mosgrove and Tom Butterfield

5,000 points: Dale McCoy and Ike Mosgrove

4,500 points: Judi Tobias

4,000 points: Barb Butterfield, Nancy Pavetti and Larry Tobias

3,000 points: Lois Arbour and Jeri Avila

2,500 points: Joyce Calhoun, Judy Cumberworth, Jane Eastburn Bradley and Lois Arbour

2,000 points: Jane Eastburn Bradley, Pat McCoy, Sue McKelvy and Joyce Calhoun

1,500 points: Cindy Wright, Dean Schrader, Calvin Reed and Joyce Calhoun

1,000 points: Jean Boettcher, Stacy Bowman, Loretta Chessmore, Dick Mosgrove, Dee Overholt, Faye Plucker, Cindy Reed, Bill Smith and Cindy Wright

500 points: Matt Baker, Harry Benjamin, Sue Camrud, Kris Ford, Nola Frazier, Janey Gray, Liz Greenhaus, Bill Haas, Thom Harris, Karen Holman, Pat Jubb, Marge McGraw, Stacy McKelvy, Mary Lou McManaman, Rick McManaman, Vernon McNeill, Judy Miller, Kathy Morris, Sherry Morris, Jeanie Palmer, Teri Roberts, Richard Rose, Jane Wise, Susie Witter, Gayle McMillen, Bill Smith and Dick Mosgrove

250 points: Cindy Abshire, Steve Ancell, Elaine Campbell, Ron Chessmore, Bobbie DiPietra, Gerri Fisher, Barbara Gilmore, Bill Jones, Linda Jones, Kathy Kadash, Eleanor Kelly, Judy Millard, Jerry Miller, Debbie Morris, Jenny Smith, Lonnie Smith, Jill Talbot, Jan Thomas, Dawn Treadway, Linda Watson, Judy Wise, Sharon Wright, Tom Decant, Marion Edwards, Joyce Frite, Dr. Sue Moreland, Arta Specht, Sue Camrud, Kris Ford, Bill Haas, Judy Miller and Susie Witter

Please see page 11 for a points list breakdown – *Joyce Calhoun*

To anyone interested in attending the national board of directors meeting to be held in Denver, July 11 and 12, 1992:

The meeting will be held at the Courtyard by Marriot Hotel, 7415 E. 41st Ave. (Quebec and I-70, across from Stapleton Airport), starting at 9 a.m., July 11. If you are interested in reserving a room, the rates are \$62 a night, and please mention you are with NATRC when making your reservations. The phone number is 1-800-321-2211.

– *Laurie Butterfield*

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Region Three Newsletter

The **Region Three Newsletter** is published quarterly and mailed to all current Region 3 members. It is available by subscription to non-Region 3 members for \$8 per year. Requests and payment for subscriptions should be sent to Iris Mosgrove, 10590 Egerton Road, Colorado Springs, CO 80908.

Your contributions of articles and other information are appreciated, but send them typed, PLEASE! NATRC and the **Region Three Newsletter** do not necessarily endorse or support opinions expressed in letters, articles or advertisements. The editor reserves the right to edit material as necessary and is not responsible for errors in the spelling of horses and/or riders names. No letter to the editor will be printed if not signed. Articles may be re-used provided attribution is given.

Deadline/distribution dates are as follows: **Winter issue**-copy deadline Jan. 15, distribution by Feb. 15; **Spring issue**-copy deadline Mar. 15, distribution by Apr. 15; **Summer issue**-copy deadline Jun. 15, distribution by Jul. 15; and **Fall issue**-copy deadline Sep. 15, distribution by Oct. 15.

Display advertising rates: Full page (7 1/2" x 9 3/4"), \$50; half-page (7 1/2" x 4 7/8"), \$30; third-page (4 3/8" x 3" or 2 7/8" x 4"), \$15; and eighth-page (2 7/8" x 1 3/4"), \$10. Ad rates are per issue and must be camera-ready (including photos). If you would like to have an ad designed and prepared for print, contact the editor for more information. **Full-page flyers** that are pre-printed and ready for insertion are \$35 and must be received 5 days in advance of issue deadline.

Barn Sale advertising rates: Members: \$5 per ad, 5 lines maximum, additional lines are \$1 per line. Non-members: \$6 per ad, 5 lines maximum, additional lines are \$1 per line.

Send all ads, articles, photos, change of address, etc. to: Lisa Sowell, 8150 West 111th Ave., Broomfield, CO 80021, (303) 465-3621.

Region 3 Board of Directors

Jill Talbot President & At large
Kathe Hayes Vice Pres. & At large (was D-4)
Patti Embree Secretary & D-5
Joyce Calhoun Treasurer & At large
Frank Bowman At large (was D-1)
Kathryn Utke D-2
Cindy Wright D-3
Neal McKinstry D-6
Jan Thomas At large
Judy Miller Past President
Laurie Butterfield.. National board
Susie Witter National board
Dean Schrader National board

Prattle from the Prez . . .

Well, the 1992 ride season has finally started in Region III. Our first few rides have reported good attendance, fine weather and real fun competition. That is the way we like to see a season start!

This is a good opportunity to thank all the hard-working volunteers that make our rides actually exist, i.e. ride managers, secretaries, P&R personnel, trail masters, landowners . . . and everyone else involved in putting together a NATRC ride. **Thank you!** Of course, the riders/competitors themselves are appreciated as well. Without them, the ride would not actually happen. This brings me to mention two very important matters to keep in mind. Competitions are fun, but stressful at times on everyone involved. It is important to be patient, friendly and helpful to those just learning about all the different aspects of this sport. Let's work together so we can all enjoy the ride weekend, whether volunteering to work the ride or compete. Secondly, as mentioned before, this year's board of directors (BOD) are instilling some changes (i.e. Safety Rider Program, Youth Manual, Judges Coordinator, etc.) for NATRC Region III to help promote the sport; to "catch up" our region's management with the rest of the regions; to further stress safety standards at our rides; and to help better the sport in general. Please understand these efforts are to benefit you, our members. If you would like to have some input in the decision-making of these efforts . . . please join us at the BOD meetings. Also, please note in our May BOD meeting minutes (will appear in Summer 1992 issue) that the BOD voted for new *regional* ride critiques to be offered at the Region 3 rides. So - voice your opinion - praise as well as suggestions!

Other notes of interest are listed throughout this *Newsletter*. It looks like our Benefit Ride in Wyoming is once again going to quite an affair. Don't miss it! The Colorado Trail cleanup date has been established. I hope we get a lot of help. The Youth Manual has been completed and distributed to Pony Club and 4-H leaders around the region. The Safety Rider Program has set up guidelines and equipment for this season's rides. And, a tentative agenda has been organized for our Fall seminar in Denver. Busy, busy!

Have a fun and safe ride season ahead in Region III! Don't forget - you have a great group of people all through this region that really care about horses and competitive trail riding. Give them your support in any way you can! See you on the trails!

Jill E. Talbot

Government study warns against drinking and riding

A study has found nearly 40% of people killed by falling off horses in one state had been drinking, prompting a government warning against drinking and riding.

"It makes as little sense to drink and ride as it does to drink and drive," said Dr. Thomas Cole, injury control chief with the Dept. of Environmental Health and Natural Resources in North Carolina.

The study, reported by the U.S. Centers for Disease Control (CDC), examined blood-alcohol content (BAC) from 13 people killed in North Carolina by falling or being thrown from horseback from 1979-89. Five, or 39% had been drinking.

That didn't include one rider who rode into a lake and drowned; his BAC was just below the legal definition of drunkenness in most states.

The CDC noted that the study included only North Carolina and many not be generalizable to horseback riders elsewhere.

Having a few drinks before galloping off is too common for too many riders, said Dr. Doris Bixby-Hammett, secretary of the American Medical Equestrian Association.

"The fox hunters always had their brandy; it's part of the tradition," she said. "But from the medical standpoint, we feel this is not advisable." - *Rocky Mountain News, May 1992*



IAHA revises competitive rules

Rules for IAHA competitive trail rides were revised and amended in November 1991, and having been approved by the board of directors, became effective January 1992. Riders and managers are urged to familiarize themselves with the several minor changes before ride season. Following are some of the major changes:

IV. ELIGIBILITY REQUIREMENTS (FOR THE CHAMPIONSHIP RIDE) HORSE

E. Must have qualified by meeting one of the following criteria:

1. Completing 200 miles of IAHA-approved competitive trail or endurance competition, of which at least 50 miles must be in an approved competitive trail ride within the past 24 months immediately preceding the close of entries for the IAHA Championship CTR.

2. Placing top five in any IAHA regional championship competitive trail ride within the past 24 months, immediately preceding close of entries for the IAHA Championship CTR.

3. Placing top 10 in the IAHA Championship CTR within the 24 months immediately preceding close of entries for the IAHA Championship CTR.

XII. REGIONAL CHAMPIONSHIP RIDES

C.4. Separate judges should be used and a separate judge's recording secretary MUST be used.

E. Qualifications – all horses – meeting one of the following criteria:

1. Completing 100 miles of IAHA-approved competitive trail or endurance competition of which 25 miles must be IAHA-approved competitive trail ride, within the past 24 months immediately preceding close of entries for the IAHA Regional CTR.

2. Placing top five in an IAHA regional championship trail ride within the past 24 months immediately preceding close of entries for the IAHA Regional CTR.

3. Placing top 10 in an IAHA Championship CTR within the past 24 months immediately preceding the close of entries of the IAHA Championship CTR. – Neal McKinstry

NOTE:

Ride location correction

Please make a note that the Cavaliers Ride is to be held at the Air Force Academy in Colorado Springs, Colo. Other information pertaining to this ride remains the same, for more information, please contact Joyce Calhoun at (719) 547-3152.

Region 3 has lots of helpful people, let's keep up the good work . . .

At the recent Region 3 board of directors meeting in Dillon, Laurie Butterfield mentioned that the management of the Bridle Bit/Region 3 Benefit Ride is needing people to come up and help out. If you would like to volunteer yourself by being on a P&R team, mark trail, or help in some other capacity, they would really appreciate your efforts. Chugwater, Wyo. is an easy drive up I-25 and besides, we would like the folks up in our northern area to know that the rides are equally important to all of us, regardless of location, so please let's help out (I know you're out there!). The theme this year is "Heroes, Heroines, Horsefeathers and Horsethieves," a real Wild West affair, so be thinking about what you are going to come as!

. . .

I would also like to mention that Kathryn Utke worked hard planning a date for our obligation of maintaining the Region 3 portion of the Colorado Trail. The date is Sunday, June 21, 1992. Considering that we are a trail-riding-based organization, we should show a genuine concern and motivation in keeping up our end of this agreement made a few years back. After all, portions of some of our rides are on that very trail (we even have a ride named after it) and we should protect our interests.

The maintenance required will be removal of one tree and just basic fix-up, from what I understand. It will require us to ride in a few miles (not real far for a bunch of long-distance riders) and our section of the trail is near Copper Mountain. Arrangements can be made with local stables to keep horses overnight if so desired, and from what I have seen from Region 3 people, it sounds like it could turn out to be lots of fun. So, I hope you will give Kathryn a ring a let her know she can depend on you to be there. Her phone number is (719) 495-3431. – Lisa Sowell

National Rail-Trail Celebration

The first National Rail-Trail Celebration (RTC) will commemorate on Oct. 3, 1992, coinciding with the anticipated opening of the nation's 500th abandoned rail corridor conversion. Under the slogan of "500 Trails - One Great Idea," events around the country will feature politicians, celebrities and millions of trail supporters.

The Rails-to-Trails Conservancy, a national non-profit organization created to foster the conversion of abandoned rail corridors into trails for public use, is organizing the celebration. The number of rail-trail conversions has grown exponentially in recent years. The first two rail-trails opened in the Midwest during the mid-60s. Today, a total of 4,890 miles of rail-trails are open to the public in 42 states. RTC estimates that in 1990, 54 million Americans used rail-trails.

A directory of 360 rail-trails in 40 states can be ordered or for additional information, call Julie Winterich at (202) 797-5400.

REGIONAL BOARD HIGHLIGHTS

The following is an abbreviated version of the Region 3 board of directors meeting, brought to order in Alamosa, Colo. on January 18, 1992 at 9:50 a.m.

Members, chairpersons and guests present were board officers: Jill Talbot, Kathe Hayes, Joyce Calhoun and Patti Embree; board members: Frank Bowman, Neal McKinstry, Kathryn Utke, Susie Witter and Laurie Butterfield; Others: Dee Overholt, Lois Arbour, Stacy Bowman, Pat Jubb, Mary Lou McManaman, Lisa Sowell and Ike Mosgrove.

Several corrections made to the November board minutes, approved and accepted.

The 1991 treasurers report was given, no clear financial report at such time. An audit will be conducted and Joyce Calhoun will send out new report. The national board fund and Sue Breytag money needs to be kept separate from general fund. The Benefit Ride was not reflected on the report. Cindy Reed sent letter about not receiving supply deposit for Chokecherry Ride. Kathe Hayes has a check for her. Motion made not to approve current report and to send out a new report after audit, prior to Feb. 15. Jill Talbot to follow up in two weeks. Discussion of where to put ride book profits, which will be tabled until next meeting as there was no profit in 1991.

Membership: Ike Mosgrove will send out update in June, renewals sent out in January. Board members must be paid up to remain on board, a few are not paid members. Jill to follow up on this. D-1, 10 members; D-2, 64; D-3, 32; D-4, 4; D-5, 20; D-6, 12; for a total of 142 members in 1991.

Newsletter/Hoofprint: Sena Fitzpatrick requests copy of new Region 3 membership application for ride book. Joyce and Sena will work on updated ride applications. Pat Jubb has changes for verbiage in Supply; Bits & Pieces column. She also says not to publish ride results until official is received from national. Ride secretaries are not getting information to Newsletter with photos and/or write-ups about their rides.

Lists, computer labels: Pat Militzer asks that requests for labels need to get to her sooner. She adds that she can alphabetize your labels, and if you want to add a non-paid member to the label list to contact her at (303) 494-8219.

1991 seminar: Budget report from Patti Embree lists a profit of \$659.70, with the breakdown given to Joyce.

1992 seminar: Mary Lou McManaman said this year's seminar will be held in Denver Nov. 7. The average cost of rooms, based on previous seminar information, about \$65 night. Suggestions for activities include cowboy poetry, first aid classes for safety riders, tour of the Arabian Trust and vendors will be present.

Colorado Trail adoption: Our lifetime maintenance agreement has not been kept up. Kathryn Utke volunteered to organize and get necessary information from Jan Thomas. Jill will contact Jan also.

Clinic coordinator: Position will be deleted, and Stacy and Frank Bowman will absorb this responsibility under public relations. Suggestion to have a packet to hand out along with a video for clinic reps to use and copy for their clinics. Motion made to

Financial Summary

1/1/92 thru 5/1/92

Total income	\$ 6,224.19
Total expense	3,028.57
Overall total	\$ 3,195.62

Account balances as of May 1, 1992:

General account	\$ 374.22
Nat'l. board	\$ 2,821.40
Sue Breytag	\$ 6,344.77
Ken Burkdoll	\$ 768.04
Ruth Tyree	\$ 694.76

copy material for individual clinic coordinators and charge a refundable \$15 deposit for clinic use. Discussion of non-members holding clinics. Neal McKinstry made a motion that was passed, that any clinic put on as a NATRC clinic and using Region 3 materials, must have a current Region 3 member as a liaison who will check out the packet and be present at the clinic.

Publicity/public relations: Stacy and Frank discussed using local club newsletters to get information about rides to public. Question about using Stock Show, hold til next meeting. Colorado Horse Fair suggested as a good resource.

Historian: Judi Tobias to get books from Judy Miller.

Supplies: Dee Overholt will be taking over supplies. Pat gave written reports and discussed cost of supplies and pointed out that they run approx. \$400 per year.

Awards: Pat distributed reports and discussed the cost of awards (approx. \$815 per year). She feels the worker award hours over 5,000 needs to be adjusted. A committee of Pat, Joyce, Judi and Jim Porter will look into this.

Benefit Ride in 1992: Laurie Butterfield offered her place again, but does not want to be responsible for the majority of the work. Kathe suggested rotating the ride. Bridle Bit is trying to work out ride details and can fit into the Benefit Ride date. Laurie will come up with a theme and Jill will contact Amy LeSatz, Bridle Bit ride manager.

Nominating committee: no report given.

Fund raising: Kathe has 69 t-shirts left to sell, lower the price at national convention. Is Judy Wise still working on a cookbook? Discuss at next meeting.

By-laws: Jill will compile updates and mail off.

Ride book: Sena has received several ads and has also solicited ads by mail. Pat has corrections for Sena from 1991 book. Was there a \$100 reimbursement from national? Laurie thought Region 3 had been reimbursed and Joyce will check the treasury.

National board report: Pat has been elected to receive the Menefee Honorary Lifetime membership. Laurie is on the Rider's Committee, Feed Bag, Trails Committee Foundation and the Junior Committee. Susie Witter is on the Hoofprint Committee and is a Protest Chairman. Dean Schrader is on the President's Cup Committee to re-evaluate the criteria for that award.

Old Business: Pat objected to Region 1 charging booth money at the national convention. National board members report on their regions at the convention, so why have a booth? Re-evaluate the Region 3 booth and rescind the fee for Kathe to attend/man our booth. Kathryn Utke felt if the money would not further Region 3, then motion/second to re-vote. Kathe had made plans to set up booth with promotional ideas and purchased a non-refundable plane ticket. Discussion of cost-effectiveness attracting

Continued to page 5

A lovely horse is always an experience . . .
It is an emotional experience,
of the kind that is spoiled by words.

Beryl Markham

- Submitted by Patti Embree

Judges encouraged to practice self-regulation

Dear Management and Judges of Region 3,

At the January 18th Region 3 board of directors meeting, a discussion took place regarding judges judging more than two rides in the Region. The board agreed to encourage both management and judges to become more aware of this situation and to encourage self-regulation by both management and judges.

We realize that finances are a great concern to management, but we now have seven active horsemanship judges in Region 3 and should be able to rotate them enough so that no one judge judges more than two rides. This would, hopefully, enable management to retain not only our regional veterinary judges (six plus one apprentice) but out of region veterinary judges also. This would keep the list of judges we use as varied as possible.

Riders need to get a cross-section of evaluations on their horses and themselves. This exposes the rider to a greater range of knowledge and experience and more opportunity to compare, analyze, question and internalize the experiences. Greater attendance at rides would also be anticipated since they would be riding under several different judges and the motivation to attend would be higher.

In a nutshell, we feel this would be a great benefit to Region 3.

Sincerely, Susie Witter, Region 3 Director

From page 4

REGIONAL BOARD HIGHLIGHTS

riders from California, when not many make it to our rides. Agreed to go ahead with the money, but be careful of setting a precedent in the future.

District elimination: Discussion of restructuring of districts, leaving as they are, making 1 & 4 At large positions until those districts have enough members to support a representative.

Youth Manual: Jill passed around graphics, deadline is Mar. 1, 1992. Discussion of design and plans made to finish and print 100 copies.

Tent: no report made.

PA system: Kathryn passed out material collected by Jim Porter comparing cost and effectiveness. Discussion of use considering the wilderness environment at rides, possible rental at an early ride contingent of the state of the treasury. Kathe suggested use of walkie-talkie type radio might be a better use of money. Patti Embree pointed out that cost would be about \$1,200 per pac-set.

Judging limitations: Susie had information concerning use of judges. Pat felt it should be on a self-regulating basis and judges should charge for their services and not judge for free. Region 3 has seven horsemanship judges. Patti suggested the need for recruiting local vets. Susie motioned to draft a letter of opinion to limit services of the judges, suggestion approved. She will consult 3 board members before sending out the letter to judges and ride managers and also a copy to be published in Spring newsletter.

Non-profit number: Region 3 does have a number, and Frank advised that a biannual report has to be sent to the Secretary of State, otherwise we can no longer remain a non-profit corporation. Joyce will check on status of this.

New Business:

Jill proposes a 3-step membership program - 1. Convention and promotions; 2. Clinics (sign up participants for membership at end of clinic, and; 3. Sign up participants for a ride

BOD meetings: Conflict with having meetings at the rides, not much gets accomplished.

Safety Rider Committee: Jill has purchased 12 orange vests and tags for mandatory use by safety riders. Would like saddle bags containing human and horse first aid supplies. Patti thought Dr. Dabbs has thought about this and has put together a rider kit. It was also suggested that safety riders have first aid training, maybe to be accomplished and 1992 seminar. Joyce motioned to purchase 2 sets saddle bags, contingent upon treasury funds, approved.

Clinics:

Four clinics planned, get details to newsletter and ride book. Discussion to promote ride information and membership at clinics, and get new booklet from Sena to hand out.

Five Win Rule: Laurie read statement from national board meeting concerning Five Win Rule: Any horse and rider combination having won 5 first in horse regardless of division or class shall not compete for awards in Novice horse division. (add) For one year only and for regional awards only, each region may allow placing points for each HDC Novice horse/rider equal to the score of the nearest placing horse/rider. Four year old horses exempt. Region point secretary will place each HDC horse in accordance with scoring indicated on the verified ride reports. Any Region can use this system. Agreement to use this guideline and include Junior riders as well. Frank motioned to consider accepting national board suggestion on Five Win Rule for one year period, approved.

Next meeting to be held Saturday, Apr. 11, 1992 at Jill Talbot's place in Dillon, Colo. Meeting to start at 10:00 a.m., bring sleeping bag to stay the night, directions will be sent out with agenda.

Meeting adjourned at 5:09 p.m.

Respectfully submitted,

Patti Embree

Tentative judges slated for 1992 (as of May, 1992)

Navajo Lake	Robert Dietrich, DVM & Jamie Dietrich
Cavalier	Jennifer Bowers, DVM & JoAnn Christensen
Horsetooth	Ron Pappan, DVM & Kathy Morris
Colo. Trail	Rod Niwa, DVM & Susie Witter
Region 3 Benefit	Gene Naugle, DVM & Jackie Coleman
El Jinete	Ron Pappan, DVM & Pat McCoy
Foothills	(no DVM yet) & Nancy Kasovich (Open) Nancy Loving, DVM & Judi Tobias (Nov/CP)
Top of the World	Randy Burgess, DVM & Janice Imel
Van Vleet	Nancy Loving, DVM & (no hsmshp. yet)
Chokecherry	Jerry Weil, DVM & (no hsmshp. yet)
Dave Thomas Memorial	(no DVM yet) & Pat McCoy

System for improving P&R management successful in Region 1

This system, though not developed in Region 1, has grown very successful in Region 1. Riders queried recently have all expressed complete satisfaction and given high praise to the system and our crews. The P&R personnel who participated in writing this article all express thanks to the cooperative riders.

P&R Crews

A crew of five (one to hand out P&R cards and two efficient teams of two to take P&Rs) can handle up to 20 cooperative riders and their horses. It is better to have more teams, especially for larger divisions, and one "leader team" to assist in group arrivals and requests for recheck. Before arrival of horses, the entire P&R crew must coordinate their watches to the same time, EXCEPT the P&R card writer who will set his/her watch 10 minutes ahead of the rest of the crew.

The Lineup

Approximately 15 feet per horse should be provided and the first horse placed far enough ahead on the trail to provide room for the entire division. (For example: if 30 horses are to be checked, 30 times 125 feet equals 450 feet down the trail from the top of the hill or where the difficulty ends.) If on a road, stand the horses all crosswise, all facing the same direction. If on a narrow trail, head to tail. All horses should be accommodated in a similar manner. The P&R card writer should stand where the horse is to be stopped, fill in the rider number and time on his/her watch (which is the time of outgoing P&R), the P&R card writer should then move back on the trail to the next position.

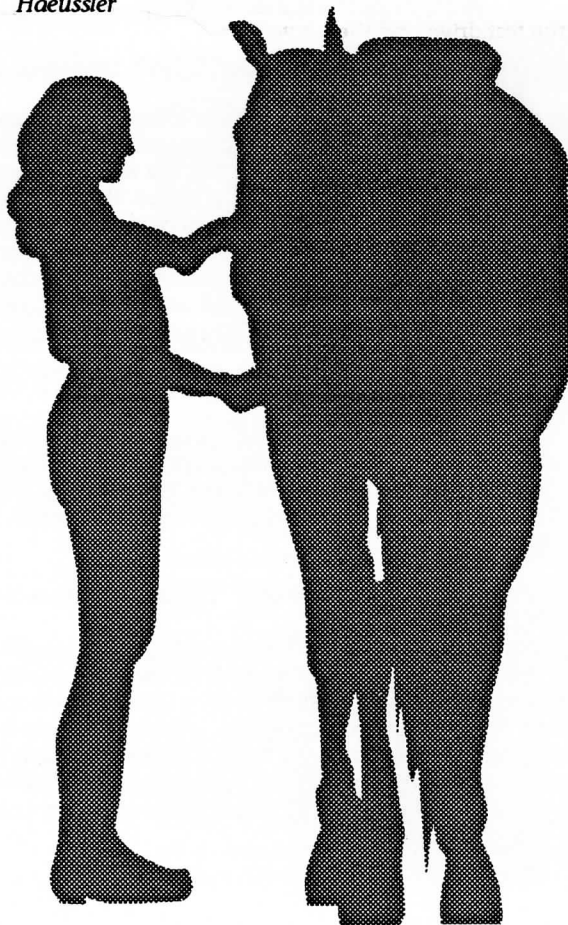
Taking P&Rs

Riders should place the P&R card on their saddle where convenient for the P&R team to see it, and maintain it in a easily visible spot at all times. Incoming P&R team should take the P&R and record it as soon as possible to allow maximum time for the horse to be quiet and recover. Outgoing P&R team should approach the horse

quietly and gently to prevent alarming the horse. If the rider feels the team's readings are incorrect and requests a recheck, the team should immediately step away and call the "lead P&R team" to make the recheck. The readings of the lead team are final. P&R cards will be collected by the outgoing P&R team, or by the veterinarian checking the horses after the P&R.

General

After final P&R, courteous riders will check with the following rider to find if their departure will upset the following horse, and if so, not move away until the next horse has had its P&R completed. P&R crews will endeavor to give all horses shade, or if not possible, all in the sun. The equal treatment of all horses is encouraged, though not always possible. Crews will maintain quiet and calm, no unnecessary walking around to disturb the horses. If possible, incoming teams remain near the head of the lineup and outgoing teams near the departure end. The P&R card writer should count out the required number of cards for the number of horses to be checked, and fill out dates etc. before arrival of the horses. If a horse and rider are lost, it will be determined by the extra card not used. All parties, riders and crews have a job to do - cooperation and courtesy will make it all easier. - Submitted by Harry Haeussler



BULLETIN BOARD

- National NATRC board meeting in Denver, July 11-12.
- NATRC/Region 3 board meeting in Boulder, Aug. 29. Call Jill Talbot at (303) 494-2531.
- Pat Parelli Natural Horse-Man-Ship Clinic at the T-Cross Ranch in Colorado Springs, Colo. - May 25-28. Phone 1-800-642-3335 for more information.
- Marty Marten Horsemanship Clinics - May 30-June 1 in Evergreen, Colo.; June 6-7 in Red River, New Mex.; June 13-14 in Monte Vista, Colo.; June 27-28 in Lafayette, Colo.; July 11-12 in Steamboat Springs, Colo.; and August 1-2 in Taos, New Mex. If you would like more information on one of these clinics call (303) 665-5281.
- Ray Hunt Colt & Horsemanship Clinic - Drakes Horseman's Arena, Pueblo, Colo., June 22-26. Call (719) 590-7461.
- Estes Park Arabian & half-Arabian Show - Stanley Park Fairgrounds, July 2-4, (303) 442-5937.
- Region VIII Championship Arabian Show - at the Colorado State Fairgrounds in Pueblo, Colo. on July 19-21. Call (303) 530-1652.



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LETTERS

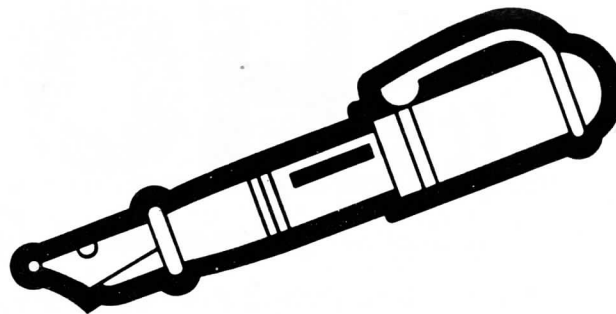
Dear editor,

I woke up this morning contemplating my ride season ahead of me and reflecting back on my own history of events with competitive trail riding. Thought I would write this letter for the Newsletter.

I started out in 1983 riding safety to find out just what this sport was all about. My first ride was Navajo lake in 1984. I entered that ride with my nice calm trail-wise Quarter Horse, Ace. Three rides later, still going vertical instead of horizontal and constantly in a lather of nervous sweat, I decided perhaps this sport wasn't for Ace (he came to that conclusion too). I brought along another Quarter Horse, Nugget. Such a welcome change in temperament and he competed well in Novice and CP. As my riding abilities became polished up, I thought about Open. Several people I rode with had taken the plunge. I held back somewhat because Nugget was so hard to condition and I could not keep weight off of him (alias Tubba). I put him in a diet pen with feed rationing during the months I competed in CP. I realized it would be a struggle to put this horse in Open. A friend of mine had a nice-mannered and well-trained Arab for sale. I bought my first Arabian, Laddie (after repeated comments of "I'll never own an Arab"). He and I took to the trail like a rocket and in one month we entered the Rabbit Valley ride in CP. Laddie loved people and bonded with me right away, doing very well in his first three rides. Then he developed a lameness after every ride, which progressively got worse. I eventually could not compete him and he could only be ridden for pleasure use. The search was on for another horse! In the meantime, my hopes of riding in Open were diminishing. I then came across a pretty Arabian called Dancer. I took him out for the test drive and then a vet check. I was then the owner of another "new" horse . . . ugh. Conditioning was so easy with this Arab and he loved to move, so I decided to ride Open (it's now 1991!) and what a year we had! As the unsuspecting buyer, I was led to believe the horse had more experience than he did. Stamina he had, but obstacles were another thing. At Navajo Lake we pulled on Sunday, due to his coronet band becoming injured. While at El Jinete, we barely came through with a bruised hock and a lameness, Chokecherry we both fell down, rolled and he blew out his knees. We both looked like demolition derby at check-out. With this memorable year behind me, I decided it was time to get down to basics. We hit the arena to learn how to flex, move off of leg pressure, learn what to do with four legs and become balanced. I realized the importance of getting my bottom back in the saddle, a primary basic to a balanced horse and centered riding. So many horses in our sport become hollow backed and on the forehand. I understand the need to travel lightly on the horse when trotting and climbing, but I fell some judges take "being out of the saddle" to an extreme.

For those of you who attended the Sensitivity Clinic at the regional seminar last November, we now do plastic, cans, ribbons, milk cartons and walk the plank (formerly known as the monster mash). It has been a long haul with this horse and my work is not over yet. My goal this year is to first - complete a ride, second - to be able to ride competitively. I hope to see you all out on the trail in 1992, enjoying this great sport of competitive trail riding.

Happy trails,
Patti Embree



Dear Lisa:

WOW . . . the Region II newsletter looks GREAT . . . thanks! I have a question regarding the new (and old) five win ruling for Novice. Does the phrase "any horse and rider combination" mean . . . A) Any horse, regardless of the rider, who has five wins... B) Any rider, regardless of the horse, who has five wins... C) A specific horse and rider combination (horse and rider considered together as a single entity), regardless of other possible combinations with either the horse or rider, who has five wins... This question is particularly important to those of us who may have acquired a horse that has been previously campaigned by another owner.

In my own case, my mare has been ridden (and has won) in the Open Junior division. I myself am a relatively new entrant into competitive trail and consider myself a novice as there is still much I have to learn. Do I count the wins my mare had in the Open division with her previous owner/rider as part of the five wins, or do I consider my mare and myself as a brand new team and only count the wins we have earned together?

As I understand it now: Any wins this horse has had with a different rider do NOT count. Any (horse) wins I have with a different horse do NOT count. Any wins in horsemanship I have had, regardless of the horse, DO count. (Is this still in effect?) Any (horse) wins I have with this horse, regardless of the class DO count. I hope that just what is meant in the five win rule can be clarified . . . it is quite a topic of conversation among those of us who are newcomers.

I have recently started a newsletter for Fox Trotter owners in and around the Durango area. Many of these people are NATRC competitors. As such, I thought you might be interested in the articles which pertain to them and am enclosing those articles from the newsletter. Feel free to reprint them if you wish.

Sincerely,
Bonnie Eichar

Dear Bonnie,

First, I want to start off by thanking you for writing to the Newsletter about this question. It seems a lot of people do not understand the "five win rule." I spoke to Jill Talbot about this and she told me that the national board of directors is still trying to iron out details.

On July 11 & 12, the national board will be meeting in Denver, Colo. and you are welcome to attend the meeting. Details on location and time can be found on page x. I apologize for not answering your question, but I surely do not want to give you an incorrect answer either. Also, thanks for forwarding those articles, I will use as much material as I can get, and your contributions are appreciated. - Lisa Sowell

It's **HOT** *and* **Humid!**

Mechanisms for losing body heat

Muscular exercise produces internal heat which moves from the muscle cell to the blood and then passes through the lungs. Although some heat is lost through the lungs, most is carried by the blood to the skin where it is lost by several methods. Conduction is the passage of heat by direct contact; for example, our body touching a piece of ice. Convection involves the loss of heat by moving air; for example, standing in front of a fan. Radiation is the transmission of heat from one object to another; for example, from the sun to the body. This can be reduced by wearing light colored clothing to reflect the sun's rays.

Loss of sweat is the most important mechanism for losing body heat. Evaporation of sweat aids heat loss by helping to increase conduction and convection. Although it tastes salty, sweat actually contains a lower concentration of salts than the blood. Thus, profuse sweating causes excessive loss of body water but does little to the amount of salt in the body. If this water is not replaced, the ability to sweat decreases and excessive elevation of body temperature will occur, thereby resulting in heat illness. This important bodily function is limited by increasing humidity. Humidity is the amount of water suspended in the air. As the humidity increases, evaporation becomes less effective.

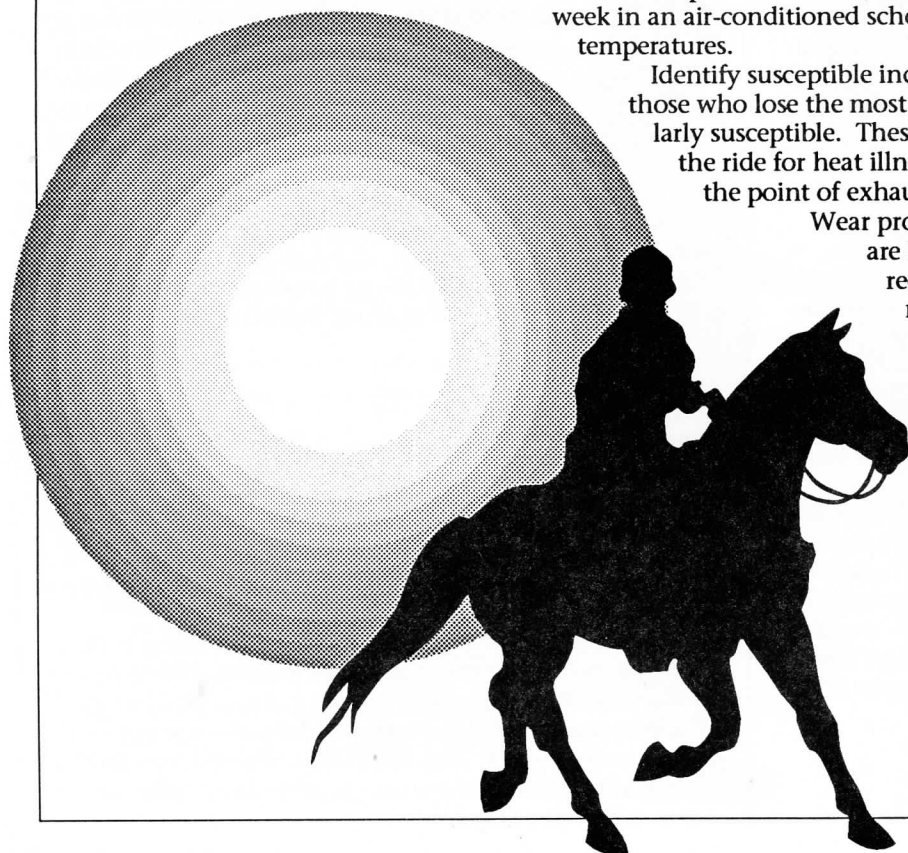
Prevention of heat illness

Condition for the activity - Similar to conditioning a horse for specific activities, riders need to become accustomed to summer temperatures. As a rider becomes gradually used to hotter weather, he/she sweats more freely and is able to lessen body heat much easier than the individual who begins in the summer without proper conditioning. An outside pre-seasonal personal conditioning program during the spring is recommended. As with any conditioning program, activity should begin slowly and increase as the rider becomes more accustomed to warming temperatures. Emotion plays a role in the amount of sweat that is lost. Frequently heat illness occurs during the first part of the summer, not only when the temperatures and humidity become elevated, but also when the excitement of the rides begin. Moreover, in the earliest part of summer, these activities often expose a rider who has spent a week in an air-conditioned school and/or home to potentially dangerous temperatures.

Identify susceptible individuals - Serious heat problems usually arise in those who lose the most body water. Obese people seem to be particularly susceptible. These individuals should be watched carefully during the ride for heat illness. Also, watch those who push themselves to the point of exhaustion.

Wear proper clothing - When temperatures and humidity are high, sweat evaporates slowly and cooling is reduced. This can be worsened by wearing too many clothes or tight clothes, because cooling by evaporation is related to the area of skin exposed to the air. Helmets should be worn when riding, but removed when dismounted. (When riding in Texas under a blazing sun, I found a light colored, loose fitting, long-sleeve shirt did more for me than riding in a T-shirt. A touch frequently used by riders in the west was a wet bandana tied loosely about the neck.)

Evaluate the environmental conditions - The old saying that it's not the heat that's bad, it's the humidity, certainly applies to heat-related disorders. Elevated humidity indicates that the water content of the air is high and sweat will be evaporated very slowly.





Heat illness is one of the most common yet overlooked conditions in equestrian sport. Problems which riders face when exposed to heat vary from temporary heat cramps to fatal heatstroke. Notwithstanding, the potential for heat damage, heat related illness is 100% preventable. The information in this article will help explain the cause of heat illnesses and offer suggestions for prevention and treatment.

This results in a decrease in the ability of the body to lose heat and thus enhances the risk for heat-related illness. Riders must be aware of temperature and humidity. There is no room for guesswork.

Provide and drink plenty of water and other fluids - Unlimited cool water should be readily available and drunk frequently before, during and after the ride. Water should be available for riders at all P&R stops, but the rider should not rely only on management for fluids. Frozen juice packs are great for fanny packs. Gatorade or similar drinks are acceptable as an additional fluid source but should not be the only drink available. No ice tea - it is a diuretic. Alcohol is also a diuretic and should be avoided while riding. If consumed after the ride, additional amounts of water will be needed not only to cover the usual depletion of water, but also the additional demands made by alcohol. Sweet drinks take longer to leave the stomach for the intestines, where absorption takes place. Do not depend on thirst as an indicator of the need for water. By the time one is thirsty, he or she is already experiencing a water deficit. Management should always have ice available for ice water, eating or for application for cooling. The use of salt tablets is unnecessary because the major loss during sweating is water. A human can survive more than 30 days without salt replacement, but can rarely survive more than three days without water.

Clinical disorders & treatment

Heat cramps - Heat cramps are painful muscle spasms that occur from excessive sweating. They are easily treated by providing plenty of water.

Heat syncope - This syndrome, which is the most common form of heat illness, usually causes no more than feelings of weakness, dizziness and tiredness and usually improves promptly with rest and replacement of lost fluids.

Heat exhaustion - This condition is characterized by extreme weakness, exhaustion, disorientation, reduction of reasoning ability and sometimes unconsciousness. Headache, dizziness and profuse sweating

usually are present. Affected persons should be withdrawn from activity, taken to a cool place and given large amounts of cool liquids. All extra clothes should be removed and cold towels placed on the individual to reduce body temperature. If the person does not promptly respond the/she should be taken to the hospital immediately!

Heatstroke - Heatstroke is a medical emergency that can occur before any of the other heat syndromes. The individual collapses and becomes unconscious. The skin is hot and dry. All tight and unnecessary clothing should be removed and the body temperature be lowered as quickly as possible. Packing in ice may be life-saving. This person should be rushed to the hospital as rapidly as possible.

Conclusion

Heat-related illnesses are entirely preventable and should not occur if these guidelines are followed and consideration is taken for the environment and the rider. - *The American Medical Equestrian Association and The USPC Safety Committee.*

While you are working to keep yourself cool and comfortable in the heat, here are some recipes to keep your four-legged friends going on down the trail -

Electrolytes

1 lb. table salt	1 oz. powdered milk
22 oz. Morton Lite salt	1 oz. baking soda
1 oz. Epsom salts	

- Feed two tsps. daily

Leg brace

1/3 part Listerine	1/3 part rubbing alcohol
1/3 part water	

- Feels great on their legs after a ride, *but not until after awards*

- *From Judi Tobias*

NATRC/Region 3 membership application – 1992

Name _____ District 1 2 3 4 5 6 (See below for your district; please circle)
(List both adults if a Family membership)

Street _____ City _____ State _____ Zip Code _____

Home phone (include area code) _____

Work phone (include area code) _____

Date nat'l. membership expires _____

APPLICANTS FOR REGION 3/NATRC MEMBERSHIP MUST BE NATIONAL MEMBERS ALSO!

List Juniors if a Family membership (age 10-17). If 17 at the beginning of 1992 ride year, you will ride as a Junior for the rest of the ride year. Juniors may ride upon reaching 10 any time during the ride year.

FAMILY MEMBERSHIP: Husband and/or wife and children under the age of 18

SENIOR MEMBERSHIP: Any person 18 years of age or older

JUNIOR MEMBERSHIP: Any person between age 10 and under the age of 18

Junior members in the family

Birthdates of Juniors



List horses you or your family intend to ride in the 1992 ride season. This information will help the Point Secretary. **Please do not use nicknames!** Be sure you use the same correct name on all ride entries. **PRINT CLEARLY!**

Horse	Breed	Age	Registration Number
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

FAMILY MEMBERSHIP: \$13.00 (2 votes)

SINGLE SENIOR MEMBERSHIP: \$10.00 (1 vote)

JUNIOR MEMBERSHIP: \$8.00 (no vote)

OPTIONAL: Donation for Region 3 National Board Members' expenses: \$ _____

Amount due from above: _____

Total amount: _____

MAKE CHECKS PAYABLE TO NATRC/REGION 3

How/where/when did you first find out about competitive trail riding? _____

Which was your first ride? _____

What do you like about NATRC? _____

How would you like to improve NATRC rides? _____

YOU MAY KEEP THIS PORTION FOR YOUR RECORDS IF YOU WISH

Region 3 dues paid: \$ _____

Donation: \$ _____

Total amount: \$ _____

Mail to: Iris Mosgrove, 10590 Egerton Road, Colorado Springs, CO 80908. You will receive a Region 3/NATRC membership card upon receipt. If not, please check to be sure we received your application form and membership fees. Call Iris at: (719) 495-2906.

Membership in Region 3 is from Jan. thru Dec. (calendar year). Please note if you wish to be eligible for year-end horse and rider points/mileage, you must renew by Jun. 1 of each year or be charged \$15.00 additionally. All renewals must be received by that date so the 1992 membership list may be completed. New members of NATRC who wish to become members of Region 3 must pay Region 3 membership fees by the weekend of the last ride of the season to be eligible for regional awards. Applicants for Region 3 must also be national NATRC members. The rules and by-laws of national NATRC will be followed.

Be sure to carry your national NATRC membership card to each ride to present in case any question regarding national NATRC membership arises. National NATRC members pay \$7.00 less than non-members.

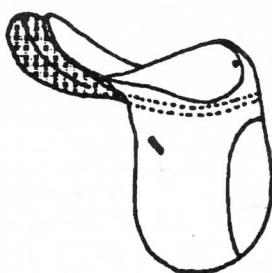
- | | |
|---|---|
| DISTRICT I: (New Mexico) | Except northwest corner, east of the continental divide. Includes Raton, Taos, Santa Fe, Albuquerque, Chama, etc. |
| DISTRICT II: (Colorado) | East of continental divide, south of I-70. Includes Colo. Springs, Littleton, Englewood, Evergreen, Sedalia, Conifer, etc. |
| DISTRICT III: (Colorado) | East of continental divide, north of I-70. Includes Golden, Ft. Collins, Boulder, Longmont, Loveland, etc. |
| DISTRICT IV: (Wyoming, Montana and Canada) | |
| DISTRICT V: (Colorado) | San Juan Basin area, west of the continental divide, south of Red Mtn. Pass (New Mexico side). West of the continental divide, north of Hwy. 60. Includes Farmington, Cortez, Mancos, Durango, Pagosa Springs, etc. |
| DISTRICT VI: (Colorado) | West of the continental divide, north of Red Mtn. Pass (Utah). Includes Grand Junction, Craig, Meeker, Montrose, etc. |

Worker points breakdown

Ride chairman	250	Pre/safety riders (points per day)	25
Ride secretary	250	Rider/timers	25
Trail master	100	Weighmaster	25
P&R chairman	100	Awards.....	25
Ride steward	75	Ground spotters.....	25
Judges' secretary	150	Trail markers (mark min. of two days)	50
Stable steward	50	P & R workers (points per day)	25
Stable steward helpers	25	Clinic judges	150
Driver (own vehicle).....	75	Clinic chairman	150
Cook/refreshments	100	Clinic workers	25

No Bounce Cattle Bags

English/Western
Red, Blue, Black,
Grey & Fuchsia
Reg. \$40 Deluxe \$55
+ \$3 Shipping



5/8 Slicker (Butt Warmer)

Red, Taupe, Black, Jade, Blue, Green, other colors
sometimes
Reg. \$50 Lined/Polar + \$100
+\$3 Shipping

Custom made intems are my specialty!

Hay Bale Bags

Desert Sand
Until 3/1/92 \$65
After 3/1/92 \$70
+\$5 Shipping

Hay/Grain Feeders

Desert Sand
Don't Breathe Dust
\$70 + \$3 Shipping

People Slickers

Insulated Water Bottle Holders
Collapsible Water Buckets

OVELL of mack

Box 243, 647 "R" Road
Mack, CO 81525-9724

(303) 858-7323

Call or
write
for
free
Catalog



PVC pipe simple, effective way to keep horses out of trouble at trailer

Here is a neat idea that Patsy Tomb passed along for the *Newsletter* a while back. She saw this at a ride back in Kansas a year or so ago. The panels are constructed of PVC plastic pipe, the kind that plumbers commonly use and easily obtainable at most hardware stores. They are secured to the ground by placing the pipe over rebar driven into the ground and then attached to the trailer sides.

Frank and Nancy Diamond use them to keep the horses separated at their four-horse trailer and also to keep horses that are tied to the sides of a two-horse trailer away from the tongue and back door latches. They are carried on a roof rack on the top of their rig, but you could also turn them upside down on top of a fender, and secure them to the side of the trailer.

This looks like a really good idea to me, I am really tempted to build some of these things and try it out. – Ed.



Please make a note on your calendar . . . the next Region 3 board of directors meeting will be on August 29, 1992 (*this has changed from the date set at the last board meeting*) at Judd and Linda Adams' house in Boulder, CO. The meeting will start at 10:00 a.m., lunch is provided and then you are welcome to stay for a potluck barbeque. See you there! Call Judd or Linda at (303) 494-4241 for directions.

: BARN SALE

- 7 YR. OLD 1/2 ARAB MARE, sired by Brown Ranch's Silver SP Janeyn. Also, 6 yr. old Morgan mare, sired by Foxton Teton. Sharon Saare saddle, C tree, \$500. 1988 2-horse trailer, \$1,700. Laurie Butterfield (303) 688-2510.
- MONTE FOREMAN Balanced Ride Saddle, made by Fallis. 16" seat, excellent condition, \$700. (719) 574-8522.
- YOU'RE SPRING CLEANING and you find you have a lot of things sitting around in the tack room that you haven't used for years. Now is the time to advertise those unused items in the *Region Three Newsletter Barn Sale* unclassified ads. Mail in your ads right away, before you store all that stuff away for another winter. – Ed.

Update on the Region 3 fall seminar

Arrangements are being made for the Region 3 seminar to be held in Denver, Colo. on Nov. 7-8, 1992. Accommodations will be available at the Holiday Inn Holidome (I-25 and 120th Ave.) on the northern edge of town.

Some of the presentations planned include equine chiropractics, trail riding in foreign countries, a tour of the Arabian Horse Trust (about a 10 minute drive from the hotel) and other ideas in the works.

For those of you who might be interested in staying a little longer on Sunday, a package arrangement can be made for a group to shuttle over to Central City/Blackhawk to try your luck at a little gambling.

So make plans now to attend the fall seminar, it promises to be full of interesting things to do. Look for more details as they develop in the next issue of the *Newsletter*. – Mary Lou McManaman

BITS AND PIECES

Region 3 renewal/newsletter subscription

If you haven't renewed your Region 3 membership, the cutoff date for receiving the *Region Three Newsletter* will be June 1 of the same year. National (but not Region 3) members will receive two complementary newsletters only unless they join Region 3.

Eligibility for Region 3 year-end awards

All national NATRC members who are dues-paying members to Region 3 NATRC are eligible for regional placings and awards.

Requirements:

Open horses and riders must enter three (3) rides per season and accumulate a minimum of 30 points to be eligible for year-end placings. Open horses and riders will be eligible for the Ruth Tyree High Average Horsemanship and Ken Burkdoll Combined High Average Horse/Rider awards if they enter a minimum of six (6) regional rides. All rides started will be counted.

Competitive Pleasure horses and riders must enter two (2) rides per season and accumulate a minimum of 20 points to be eligible for year-end placings. Competitive Pleasure horses and riders will be eligible to compete for the High Average Combined Horse/Rider award but must enter a minimum of four (4) rides per season. The top horse in Competitive Pleasure shall be considered as a sweepstakes horse within the class and shall receive 2 additional points as done in the Open and Novice divisions. Novice horses and riders must enter two (2) rides per season and accumulate a minimum of 12 points to be eligible for year-end awards.

Horses and riders receive 4 points for ride completion and a sweepstakes horse receives 2 points (18).

Memo to ride managers

Rides are requested to send the results of a ride to national within two weeks after the ride. Ride results and Region 3 rider fees should be sent at the same time to the supply chairman.

Verification of points and mileage

The point secretary keeps all Region 3 members' points and mileage each year. You are welcome to verify your points with the chairman by Oct. 15 of the current year, otherwise you must accept the points as calculated by the point secretary. Region 3 NATRC members who have not renewed their memberships by June 1 of each year will have to pay an additional \$15 secretarial fee if they wish to have either their horse or rider points and mileage recorded.

Contact Pat Jubb, 3455 Hartsock Lane, Colorado Springs, CO 80917, (719) 574-8522.

Breed award eligibility

To be eligible for breed awards at each ride, you must send in a copy of your horse's registration papers with the ride entry. This copy will be returned to you the day of the ride.

Ride Book

If you need extra copies of the 1992 Ride Book, contact Sena Fitzpatrick at (505) 783-4347 or Iris Mosgrove at (719) 495-2906.

Comprehensive clinic packets available soon

Stacy and Frank Bowman have produced an informative packet to be offered for clinic use. This information is available to clinic coordinators under the following guidelines: Any clinic put on as a NATRC clinic and using Region 3 materials, must have a current Region 3 member as liaison who will check out the packet and be present at the clinic. Contact Stacy or Frank at (303) 838-6343.

Computerized membership mailing labels offered

Pat Militzer is in charge of computerization of membership for Region 3. She is also takes care of the mailing labels for the *Region Three Newsletter* and provides labels for ride chairs and clinic organizers. These lists offer much information and can be categorized by districts, zip codes and include people who have ridden in the past two years. They can be helpful to solicit participants for all Region 3 NATRC events. Note to ride managers: Submit requests for rider lists with ample time for Pat to prepare them, not at last minute, please! The fee is \$5. Contact Pat Militzer, 1190 Marshall Road, Boulder, CO 80303, (303) 494-8219.

When paying for mailing labels or advertising . . .

If you are using Pat Militzer's services for mailing labels, or putting an ad in the *Region 3 Newsletter*, please make your check out to NATRC/Region 3.

Ride critiques in Region 3

Region 3 is re-introducing the previously discontinued ride critiques at the regional level. Everybody benefits when you take the time to fill the form out and return it to the specified person, thank you.

Announcing the new Youth Manual

The Region III Youth Manual committee has recently completed the new Region III Youth Manual for distribution to all Pony Clubs, 4-H groups and other organizations that involve children with horses. We hope to use this manual to promote competitive trail riding among children between the ages of 10 to 18 years of age.

Many thanks go out to the people involved with putting this manual together. They are Cathy Bender, Lisa Sowell, Laurie Butterfield, Sena Fitzpatrick, Cindy Wright and Jill Talbot. This job could not have been finished without all of your efforts, thank you!

If you know of a group involving children of these ages that might be interested in receiving one of these manuals, please contact Jill Talbot at (303) 494-2531. — Jill Talbot



Safety Rider program in works

The Region III board of directors for 1992 has recently assigned Jill Talbot to the job of Safety Rider chairman. She will organize and promote qualified volunteers as Safety Riders at each of the Region III competitive trail rides.

Safety Riders are an essential part of all our rides. We need these non-competitors to be there to help our riders and/or horses in case of an accident. These volunteers should have training in basic first-aid for humans and horses and have the ability to take charge in a stressful situation should one occur.

Jill is organizing new emergency saddle bag kits containing first-aid supplies for human and horse and also other Safety Rider equipment as well as guidelines to be used at our rides this upcoming season.

You do not need to be a member of NATRC/Region III to sign up. Anyone interested in becoming involved with this program or wanting more information should call Jill Talbot at (303) 494-2531. — Jill Talbot

NATRC membership application

NATRC offers six membership plans (check membership plan desired):

- | | |
|--|--|
| <input type="checkbox"/> 1. FAMILY membership | (\$35 per year) Household of one or two adults and children (one vote) |
| <input type="checkbox"/> 2. SENIOR membership | (\$30 per year) Single adult member (one vote) |
| <input type="checkbox"/> 3. JUNIOR membership | (\$20 per year) Single junior member under age 18 (no vote) |
| <input type="checkbox"/> 4. ASSOCIATE membership | (\$45 per year) Equine-related groups or businesses (no vote) |
| <input type="checkbox"/> 5. SINGLE lifetime membership | (\$250) Any person of any age (one vote) |
| <input type="checkbox"/> 6. FAMILY lifetime membership | (\$350) Household of one or two adults and children (two votes) |

Membership is for twelve months from date of receipt

All NATRC memberships include: rule book, membership cards, club patch, ride schedule, newsletters and eligibility to compete for NATRC annual high score awards and championships, and reduced ride entry fees.

PLEASE LIST ALL FAMILY MEMBERS

Name(s) _____

Street _____ City, State, Zip _____

Phone (____) _____ Birthdate of junior(s) _____ \$ enclosed _____

NATRC Specialties*

- | | |
|---|---------------------------|
| <input type="checkbox"/> Lapel Pin | \$3.00 |
| <input type="checkbox"/> Patch (incl. w/ membership) | \$1.75 |
| <input type="checkbox"/> Poster | \$1.00 |
| <input type="checkbox"/> 10" Decal | \$2.00 |
| <input type="checkbox"/> 4" Decal | 2 for \$1.50 |
| <input type="checkbox"/> Bumper Stickers | \$1.50 |
| 2 for \$2.75; 3 or more \$1.25 ea. | |
| <input type="checkbox"/> Hat | \$4.50 + \$2 P&H 1-5 hats |
| <input type="checkbox"/> Jacket | \$30.00 + \$3 P&H |
| Size <input type="checkbox"/> S34-36 <input type="checkbox"/> M38-40 <input type="checkbox"/> L42-44 <input type="checkbox"/> XL46-48 | |

NATRC Manuals*

- | | |
|--|--------|
| <input type="checkbox"/> Rule Book (incl. w/ membership) | \$2.00 |
| <input type="checkbox"/> Judge's Manual | \$5.00 |
| <input type="checkbox"/> Rider's Manual | \$4.00 |
| <input type="checkbox"/> Management Manual | \$4.00 |
| (plus P&H 1-3 manuals) | |

NATRC Videos

- | | |
|---|---------|
| <input type="checkbox"/> Vet Judge Video | \$20.00 |
| <input type="checkbox"/> Horsemanship Video | \$20.00 |
| <input type="checkbox"/> Both videos | \$35.00 |

Contributions to NATRC are tax deductible

If you wish to show your added support by contribution to our Foundation, Awards, Student Loan or General Funds, please increase the amount of your payment and direct how you wish it to be used.

- ☐ \$10 ☐ \$25 ☐ Other

How did you learn about NATRC?

* All prices subject to change without notice, any item may be purchased without membership

Former membership information

Region 3

Make checks payable to NATRC (U.S. funds only) and mail to NATRC, P.O. Box 20315, El Cajon, CA 92021
Phone: (619) 58-TRAIL California residents please add 8.25% sales tax for manuals and specialties.

WELCOME NEW MEMBERS

NATRC and Region 3:

- Ann Boller, Colorado Spgs., CO
- Elizabeth Aldrich, Bloomfield, NM
- Rick & JoAnn Spurrier, Bloomfield, NM
- Michael & Donna Riley, Durango, CO
- Cara Cook, Colorado Spgs., CO
- Ray Chesney, Falcon, CO
- Karen & David Fricke, Gr. Junction, CO
- Calvin & Cindy Reed, Aztec, NM
- Jane Brugge, Ft. Carson, CO
- Ann Boller, Colorado Spgs., CO
- Ben Munsee, Colorado Spgs., CO
- Donna & Clifton Brooks, Farmington, NM
- Mary Susan Kercheval, Castle Rock, CO
- Woody & Kea Kercheval, Castle Rock, CO
- Andrea & David Juricic, West Valley City, UT
- Sandra Hollis, Colorado Spgs., CO
- Stan Bichsel, Colorado Spgs., CO
- Jay Freeman, Englewood, CO

- Sharon Saare, Berthoud, CO
- Sherry Eckel, Littleton, CO
- Wendy Somers, Denver, CO
- Donna Schriefer, Wheat Ridge, CO
- Donna Groh-Cake, La Porte, CO
- Julie Ann Powell, Farmington, NM
- Kristen Larsen, Aztec, NM
- Nancy Reinhardt, Colorado Spgs., CO

National NATRC only:

- Frank Bonds family, Cheyenne, WY
- Jonette Bronson, Franktown, CO
- Donna Wolfe, Casper, WY
- Marcia Prather, West Bountiful, UT
- Jean Browning, Mack, CO
- John Unger, Snowmass Village, CO

Welcome back:

- Carol McCoy, Littleton, CO
- Cee Wolf, Littleton, CO
- Cathy Bender, Boulder, CO

- Dennis & Joan Flaherty, Evanston, WY
- Milne Parish, Lake George, CO
- Thom & Nancy Harris, Foxton, CO
- Richard & Barbara Rose, Gr. Junction, CO
- Rick & Mary Lou McManaman, Longmont, CO

memo:

Remember, if you have not renewed by June 1 and want to have your mileage and points recorded, you will have to pay a \$15 surcharge . . . so renew your membership today!

As of May 1992, Region 3 has 129 members, 36 of whom are new.

After June 1, a complete updated membership list will be available to any member who requests it from Ike Mosgrove (719) 495-2906. - Ike Mosgrove

1992 REGION 3 RIDE SCHEDULE

Anasazi 'B' Ride	Apr. 12	Farmington, NM	Steve and Janine Ancell (303) 247-9717
Rabbit Valley	Apr. 25-26	Grand Junction, CO	Dawn Folks (303) 243-6258
Navajo Lake	May 9-10	Navajo Lake, NM	Bill and Jenny Smith (505) 334-6275
Cavaliers	May 30-31	Air Force Academy, CO	Joyce Calhoun (719) 547-3152
Horsetooth Mtn. 'B' Ride	June 6	Fort Collins, CO	Cindy Wright (303) 493-0022
Colorado Trail	June 13-14	Buffalo Creek, CO	Dee Overholt (303) 838-7507
Bridle Bit/Region 3 Benefit	June 27-28	Chugwater, WY	Amy LaSatz (303) 454-2563
El Jinete Solitario	July 25-26	Durango, CO	Steve and Janine Ancell (303) 247-9717
Foothills	Aug. 15-16	Perry Park, CO	Dean Schrader (303) 790-2558
Top of the World	Sept. 5-6	Foxton, CO	Barb Butterfield (303) 838-7920
Van Vleet Memorial	Sept. 19-20	Golden Gate State Park, CO	Judd and Linda Adams (303) 494-4241
Chokecherry Canyon	Oct. 3-4	Farmington, NM	Richard and Vicki Reinhart (505) 327-1262
David B. Thomas 'B' Ride (Formerly Cherry Pitts)	Oct. 17	Farmington, NM	Terri Roberts (505) 334-2001

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